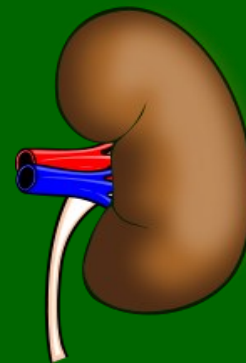


Do you have Kidney Disease?...

Are you at risk of getting

Kidney Disease?



2015

Want to Learn More?

High blood pressure and diabetes are the two main causes of kidney disease. Like heart disease, kidney disease can be “silent”; symptoms may not appear until the later stages.

Free information sessions at Flagler Hospital, St Augustine include:

◆ Monthly Kidney Education classes

- The first Tuesday of each month at 10:00am
- Taught alternately by a nurse and dietitian
- Most classes are in the Alicia Room (map on back) - call to confirm location!
- Open to patients/families/caretakers.
- Topics include: An overview of kidney function and kidney disease stages, ways to stop kidney disease from getting worse, kidney-friendly diet, and treatment options for kidney disease.
- Walk-ins welcome to the monthly classes

◆ New classes featuring local Kidney Doctors

- Feb 17 - Overview of Kidney Disease
- Jun 16 - Managing High Blood Pressure
- Oct 20 - Salt, Diet, and Medications
 - Classes with are Tuesdays at 1:00pm
 - Call for location (904) 819-4059
 - No charge but RSVP required to ensure adequate seating

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For more information or to let us know which class you will attend,
please call (904) 819-4059

Email: heather.bushnell@flaglerhospital.org
or register at flaglerhospital.org under Patient Services



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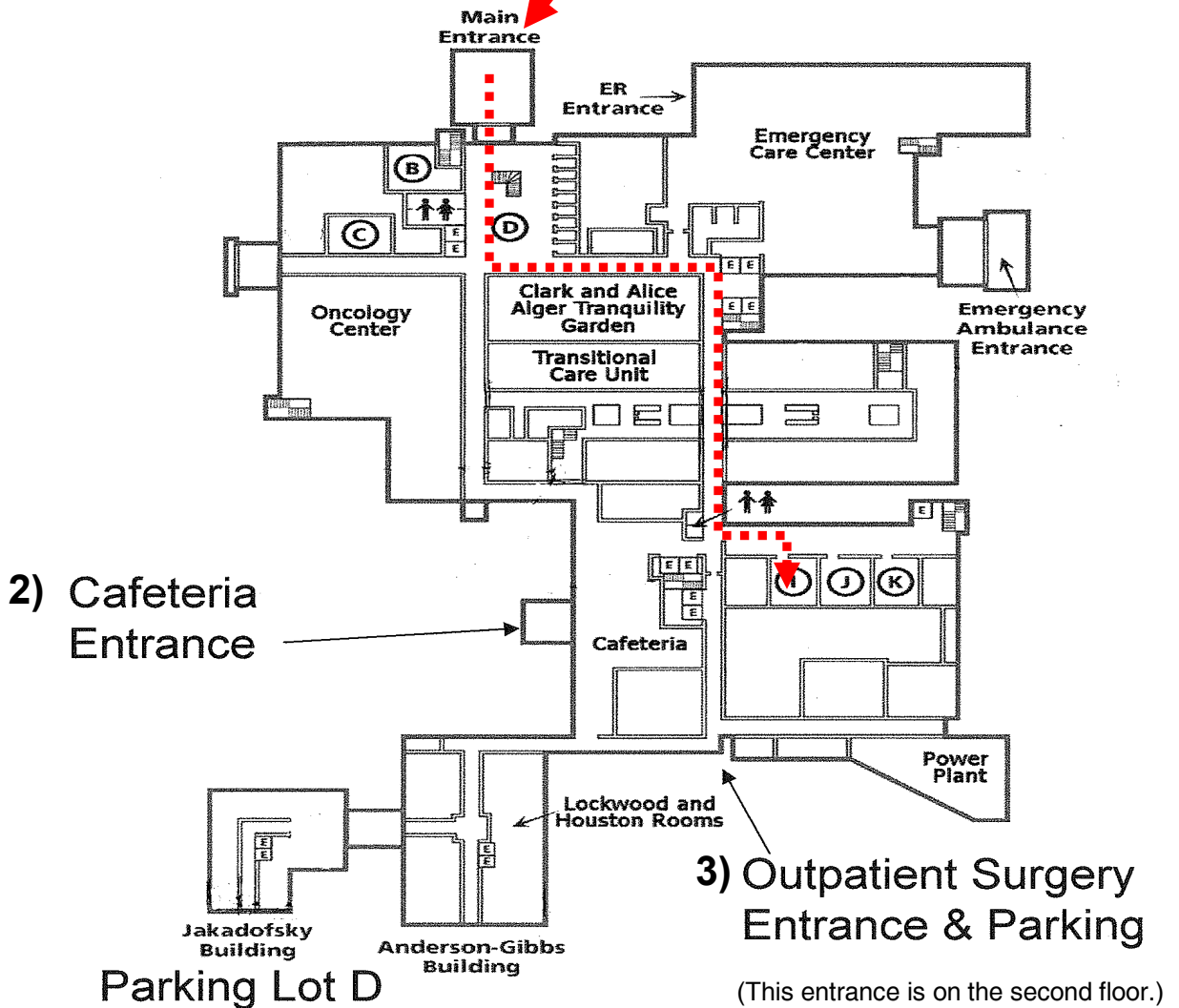
Flagler Hospital

1st Floor

↑
North

1) Parking Lot A & Main Entrance

↑ U.S. Highway 1 ↓



2) Cafeteria Entrance

3) Outpatient Surgery Entrance & Parking

(This entrance is on the second floor.)

- B — Gift Shop
- C — Community Pharmacy
- D — Lobby and Admitting

- I — Alicia Room
- J — Matanzas Room
- K — Osceola Room

Alicia Room:

Enter main lobby, turn left following along the garden. Turn right and proceed to the next open hall on your left. The conference rooms are on the right after the restrooms. Wheel-chairs and volunteers are usually available at the main entrance if you need assistance. If you need the Courtesy Cart to pick you up at your car, call 819-4404 ext 3300. Alicia Room phone: x3813